

## Directions to 'Optimum Foot Clinic' from Dublin

1. Take the 'Galway' exit from the M50 onto the M4 – Junction 7
2. Follow to Exit 7 - 'Maynooth'
3. Off the slip road take the 4<sup>th</sup> exit on the roundabout (back over the motorway) towards Maynooth
4. Follow until you reach the 'T Junction' that is the Main Street in Maynooth
5. Turn LEFT at the 'T Junction'
6. At the next lights (only about 150m) turn RIGHT
7. At the next lights (at Dunnes Stores) turn LEFT towards Kilcock
8. Pass Aldi on your left
9. At the roundabout go STRAIGHT AHEAD
10. Go about 500m and on the RIGHT (beyond the bend) is The Leinster Clinic
11. There is a large sign for the clinic at the front but you will not see it until you have come around the corner
12. Enter the clinic at the front door

